INSTRUCTIONS FOR PUTTING ON STOCKINGS WITH OPEN TOE PART

BELSANA

1. Putting on your open toe compression stockings is much easier with the supplied BELSANA dressing aid. Slip your foot into the dressing aid so that it reaches just above the heel.

2. Now pull the stockings on until the heel is in the right place. This is very easy with the BELSANA dressing aid.

3. To take out the dres-sing aid, pull back the forefoot section of the stockings.

4. Pull the dressing aid out over the tip of your toes.

5. Then carefully roll back the forefoot section of the stocking again. Then pull the rest of the stocking up evenly without stretching it. Finally, adjust the stocking on the leg until it there are no wrinkles.

Putting your stockings on is easy – with our practical instructions.

Top quality

FROM BELSANA

With your customized product from BELSANA Bamberg, you are wearing the result of many years of research and development. Careful manufacture and a high level of quality are ensured and controlled by the use of the latest technology. Regular certification by independent testing institutions document our responsible handling of our products.

Your custom-made BELSANA product complies with the world's most stringent quality and testing standards for medical compression stockings (RAL-GZ 387/1) and meets the OEKO-TEX® Standard 100, which requires the use of safe materials and dyes.

Together we make sure that you can stay fit on your legs!

Indications (see also AWMF Medical Compression Therapy Guideline 037/005, Version 12/18)

- Improvement of venous symptoms and quality of life with chronic venous diseases
- Prevention and treatment of venous edema
- Prevention and treatment of venous skin alterations
- Eczema and pigmentation
- Lipodermatosclerosis and atrophie blanche
- Therapy and pain reduction for venous leg ulcers, including relapse prevention
- Treatment of arterial and venous leg ulcers (see contraindications!)
- Varicose veins
- Initial phase after treatment for varicose veins
- Functional venous insufficiency
- Venous malformations
- Venous thrombosis
- Condition after thrombosis
- Post-thrombotic syndrome
- Thrombosis prophylaxis in mobile patients
- Lymphedema
- Oedema in pregnancy
- Post-traumatic/post-operative edema
- Cyclic idiopathic edema
- Stage II lipedema and above
- Venous stasis resulting from immobility (arthrogenic congestive syndrome, paresis, and partial paresis of the extremity)
- Occupation-related edema (occupations involving long periods of standing and sitting)
- Medication-related edema, if change of medication not possible
- Obesity with functional venous insufficiency
- Inflammatory dermatoses of the legs
- Nausea, dizziness, and congestion complaints during pregnancy
- Condition after burns
- Scar treatment

Contraindications
Absolute contraindications:

- Advanced peripheral artery disease (if any of the following values apply: ABPI < 0.5, ankle arterial pressure < 60 mmHg, toe pressure < 30 mmHg or TcPO2 < 20 mmHg on instep)
- Congestive heart failure
- Septic phlebitis
- Phlegmasia coerulea dolens

Risks to be considered (therapy decision to be made based on benefit/risk assessment)

- Weeping dermatoses
- Allergies to compression stocking materials
- Allergies to compression stocking ingredients
- Severe sensitivity disorders of the extremities
- Advanced peripheral neuropathy (e.g., diabetes mellitus)
- Chronic polyarthritis

No liability is accepted if these contra-indications are not observed.

⚠ Risks and side effects
Medical compression stockings can cause skin necrosis and pressure damage to the peripheral nerves. Users with sensitive skin may experience itching and skin irritation when using compression stockings. Adequate skin care is therefore recommended. If you suffer the following symptoms, please remove the stockings immediately and discuss further treatment with your doctor: blue or white coloration of the toes, sensations of discomfort and numbness, increasing pain, shortness of breath and sweating, acute movement restrictions.

Warranty
The shelf life of medical compression stockings is limited to 3 years when stored properly. Added to this is the wearing time, which is a maximum of 6 months with regular use and proper care. After this period, the products are excluded from the warranty. Defects caused by normal wear and tear or improper use are excluded from the warranty. Improper use also includes any subsequent modification of the product not carried out by the manufacturer. Slight colour deviations, which may arise due to the individual dyeing process, are not considered to be a defect. Corresponding goods are therefore excluded from exchanges and returns. The product is intended for use by a single patient. Passing the product on to another person for secondary use renders the manufacturer's product liability null and void.

Disposal
After the end of the usage period, please dispose of the product in accordance with local regulations.

Mandatory reporting
Due to legal requirements, patients and users are obliged to report immediately any serious incidents which have occurred in connection with the product and which have resulted in, or could have resulted in, significant harm to health or even death to the manufacturer and the competent national authority (BfArm [Bundesinstitut für Arzneimittel und Medizinprodukte] (Federal Institute for Drugs and Medical Devices) in Germany).

For the specialty retailer: stocking data for your archive.

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www.belsana.de · service@belsana.de

Vertrieb Österreich: Ofa Austria
Zweigniederlassung der Ofa Bamberg GmbH
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Ofa Bamberg GmbH
Laubanger 20
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Rev. 1/08/24

Stocking ID

BELSANA

INDIVIDUALLY MADE FOR YOU

You have just received your new medical compression stockings from BELSANA — made to your individual measurements. For long-term effective compression therapy, we recommend that you consult your doctor again after six months. In case of medical need, your doctor can issue you a new prescription. Please bring this stocking pass with you when you re-order.

We will be happy to help you!

made-to-measure

handed over by

Your personal Stocking ID for following orders.
Simply peel off, fold and store.

Wash compression stockings correctly

BELSANA impuls should be washed the right way round and BELSANA classic extra should be washed inside out. Do not use fabric softener!

- Wash on a delicate or gentle cycle
- Do not bleach
- Dry gently and carefully
- Do not iron
- No chemical dry cleaning

Washing

- suitable for immediate use
- recommendation: wash before wearing for the first time
- wash daily (max. 40°C) by hand or on a delicate fabric program
- separately with mild detergent (e.g. BELSANA CleanStar40 detergent), do not use fabric softener!
- rinse well, spin at slow speed but do not wring out
- towel dry, air dry or dry in a dryer on a gentle cycle; never iron and do not place on a heater or in direct sunlight

Effect of medical compression stockings
Products tailored to the respective indication and controlled pressure accelerate blood reflux, improve microcirculation in the tissue and increase lymph flow.

Intended use
Compression stockings are used to treat phlebological and lymphological arm and leg conditions as well as lipedema. Different products are used depending on the indication.

Care

- store in a dry place away from sun and heat, in the original packaging if possible
- stockings with silicone-coated grip tops should not come into contact with solvents, ointments, body creams and re-greasing washing lotions, as the adhesion of the grip tops could be permanently impaired
- regular foot care and proper footwear are essential
- pilling is a normal process for textiles and does not constitute a reason for complaint
- do not attempt to perform repairs yourself; return the stockings to the pharmacy or retailer who sold them to you

Material composition
Polyamide (Polyamid), elastane (Elastan) and, for some products, cotton (Baumwolle) or Merino wool (Merinowolle) are used. Please refer to the textile label sewn into your stocking for the precise details.

ⓘ Important information

- only wear compression stockings after consulting your doctor
- daily wear and regular check-ups ensure successful treatment
- obtain only from a medically trained specialist retailer, who will also advise on how to correctly put on the stockings
- if you experience acute leg pain or skin irritation, please consult your doctor immediately
- moving the grip top regularly can prevent skin irritation
- if you experience quality issues or have cause for complaint, please contact the specialist retailer

Decorative gemstones: Possible damage to outerwear or sensitive surfaces caused by gemstones is excluded from the warranty.

Please note: a double grip top increases the risk of skin reactions.

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RAL GÜTEZEICHEN MEDIZINISCHE KOMPRESSIONSSTRÜMPFE

CE

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