

Stocking ID Card

You have just received your new medical compression tights from BELSANA — made to your individual measurements. For long-term effective compression therapy, we recommend that you consult your doctor again after six months. In case of medical need, your doctor can issue you a new prescription. Please bring this stocking pass with you when you re-order.

We will be happy to help you!

Stocking ID Card

Your customized product is here!



Instructions for your washing machine

Wash compression arm stockings correctly

Please wash inside out and do not use any fabric softener!

Wash on a delicate or gentle cycle

Do not bleach

Dry gently and carefully

Do not iron

No chemical dry cleaning



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To make things as easy and straightforward as possible next time you place an order with us, you will find **your personal Stocking Information Card** on the left which includes all of your key information. Simply detach it, stick it together and keep it safe.

Kind regards,
your BELSANA team

Washing

- suitable for immediate use
- recommendation: wash before wearing for the first time
- wash daily (max. 40°C) by hand or on a delicate fabric program
- separately with mild detergent (e.g. BELSANA blau40 detergent) without fabric softener
- rinse well, spin at slow speed but do not wring out
- towel dry, air dry or dry in a dryer on a gentle cycle; never iron and do not place on a heater or in direct sunlight

Material composition

Polyamide (Polyamid), elastane (Elastan) and, for some products, cotton (Baumwolle) are used. Please refer to the textile label sewn into your stocking for the precise details.

Care

- store in a dry place away from sun and heat, in the original packaging if possible
- stockings with silicone-coated grip tops should not come into contact with solvents, ointments, body creams and re-greasing washing lotions, as the adhesion of the grip tops could be permanently impaired
- regular foot care and proper footwear are essential
- pilling is a normal process for textiles and does not constitute a reason for complaint
- do not attempt to perform repairs yourself; return the stockings to the pharmacy or retailer who sold them to you

Intended use

Compression stockings are used to treat phlebological and lymphological arm and leg conditions as well as lipedema. Different products are used depending on the indication.

Important information

- only wear compression stockings after consulting your doctor
- daily wear and regular check-ups ensure successful treatment
- obtain only from a medically trained specialist retailer, who will also advise on how to correctly put on the stockings
- if you experience acute leg pain or skin irritation, please consult your doctor immediately
- moving the grip top regularly can prevent skin irritation
- if you experience quality issues or have cause for complaint, please contact the specialist retailer

Effect of medical compression stockings

Products tailored to the respective indication and controlled pressure accelerate blood reflux, improve microcirculation in the tissue and increase lymph flow.

Rev. 1/04/21

For the specialty retailer: stocking data for your archive

BELSANA
 Zweigniederlassung der Ofa Bamberg GmbH
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 Ofa Bamberg GmbH
 Laubanger 20
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Top quality from BELSANA

With your customized product from BELSANA Bamberg, you are wearing the result of many years of research and development. Careful manufacture and a high level of quality are ensured and controlled by the use of the latest technology. Regular certification by independent testing institutions document our responsible handling of our products. Your custom-made BELSANA product complies with the world's most stringent quality and testing standards for medical compression stockings (RAL-GZ 387/1) and meets the Öko-Tex Standard 100, which requires the use of safe materials and dyes. **Together we make sure that you can stay fit on your feet!**

Indications
 (the complete list can be found in the AWMF Medical Compression Therapy Guideline 037/005, Version 12/18)
 • Improvement of venous symptoms and quality of life with chronic venous diseases
 • Prevention and treatment of venous oedema
 • Prevention and treatment of venous skin alterations
 • Lipodermatosclerosis and atrophic blanche
 • Treatment of arterial and venous leg ulcers (see contraindications)
 • Varicose veins
 • Initial phase after treatment for varicose veins
 • Functional venous insufficiency
 • Venous malformations
 • Venous thrombosis
 • Condition after thrombosis
 • Post-thrombotic syndrome
 • Thrombosis prophylaxis in mobile patients
 • Lymphoedema
 • Oedema in pregnancy
 • Stage II lipodema and above
 • Venous stasis resulting from immobility
 • (arthrogenic congestive syndrome, paresis, and partial paresis of the extremity)
 • Obesity with functional venous insufficiency
 • Inflammatory dermatoses of the legs
 • Nausea, dizziness, and congestion complaints during pregnancy
 • Condition after burns
 • Scar treatment

Absolute contraindications
 • Advanced peripheral artery disease
 • Congestive heart failure
 • Septic phlebitis
 • Plegmasia coerulea dolens

Relative contraindications
 • Allergies to compression stocking materials
 • Weeping dermatoses
 • Severe sensitivity disorders of the extremities
 • Advanced peripheral neuropathy
 • (e.g., diabetes mellitus)
 • Chronic polyarthritis

No liability is accepted if these contraindications are not observed.

Risks and side effects
 Users with sensitive skin may experience itching and skin irritation when using compression stockings. Adequate skin care is therefore recommended. If you suffer the following symptoms, please remove the stockings immediately and discuss further treatment with your doctor: blue or white coloration of the toes, sensations of discomfort and numbness, increasing pain, shortness of breath and sweating, acute movement restrictions.

Warranty
 The shelf life of medical compression stockings is limited to 3 years when properly stored. Added to this is the wearing time, which is a maximum of 6 months with regular use and proper care. After this period, the products are excluded from the warranty.

Mandatory reporting
 Due to legal requirements, patients and users are obliged to report immediately in connection with the product and which have resulted in, or could have resulted in, significant harm to health or even death to the manufacturer and the competent national authority (BfArM [Bundesinstitut für Arzneimittel und Medizinprodukte] (Federal Institute for Drugs and Medical Devices) in Germany).

Disposal
 After the end of the usage period, please dispose of the product in accordance with local regulations.

Putting your stockings on is easy – with our practical instructions.

Instructions for putting on stockings with open toe part

1. It is considerably easier to put on stockings using a BELSANA dressing aid which is made of rayon. Slip your foot into the dressing aid until it is just above your heel.
2. Now put on the stocking so that the heel is in the correct position. You will find this easy when using the BELSANA dressing aid.
3. In order to take the dressing aid off, roll the front foot part backwards as illustrated.
4. Then pull the dressing aid out by pulling it forwards over the tips of your toes.
5. The front foot part should then be rolled forwards again and the stocking smoothed upwards evenly without stretching it. Spread the stocking over your leg until all creases have been removed.